

**JURONG
EAST
6465 9205**
(Whatsapp
98452377)

Nurturing essential mental, physical, emotional, and social development skills in children

1st mile development is our expertise

Website: www.mygym.com.sg | Facebook: www.facebook.com/ilovemygym | Instagram: @mygymsingapore



bright & early

	MON	TUES	WED	THURS	FRI	SAT	SUN
PARENT ASSISTED DEVELOPMENTAL PROGRAM							
YOUNG WADDLERS 8 mths – 13 mths			9.15 - 10:15am		3.00 - 4.00pm	2.00 - 3.00pm	
WADDLERS 12 mths – 18 mths	9.15 - 10.15am			9.15 - 10.15am 2.30 - 3.30pm	4.30 - 5.30pm	3.15 - 4.15pm	9.15 - 10.15am 2.00 - 3.00pm
GYMSTERS 19 mths – 3 yrs				4.00 - 5.00pm	9.15 - 10.15am	9.15 - 10.15am 10.45 - 11.45am 5:30pm - 6:30pm	10.45 - 11.45am 3.30 - 4.30pm
INDEPENDENT DEVELOPMENTAL PROGRAM							
TERRIFIC TOTS 3 yrs – 4 yrs				5.00 - 6.00pm		12.15 - 1.15pm	5.00 - 6.00pm
MIGHTY MITES 4 yrs - 5 yrs					6.00 - 7.00pm	4.30 - 5.30pm	
WHIZ KIDS 5 yrs – 8 yrs							12.15 - 1.15pm
FOR MEMBERS ONLY: Adult Assisted Gym Time							
PRACTICE & PLAY All ages	1.15 - 2.00pm				2.00 - 2.45pm		
PRESCHOOL PREP PROGRAM							
PLAYGROUP 19 mths – 3.5 yrs	10.15am - 1.15pm 2.30pm - 5.30pm	10.15am - 1.15pm	10.15am - 1.15pm 2.30pm - 5.30pm	10.15am - 1.15pm	10.15am - 1.15pm		
MY GYM PARTIES							
For Kids aged 1 mth - 12 yrs							6.00 - 7.00pm
WORLD ART PROGRAM							
World Art 2 (Independent) 3 yrs - 12 yrs							9.45 - 10.45am 11.15 - 12.15pm

Start them off bright & early
A space where every child can explore
their full potential at a young age, and
have a ton of fun doing it!

The right place at the right time
Originating from Los Angeles, USA, our
award-winning programs, extensively
trained staff, excellent
student/teacher ratio, and state-of-
the-art facilities have earned My Gym
the reputation as the best early
learning program of its kind.

Our programs and activities are
designed to stimulate your kid's mind
and body, and aid in building their
physical, cognitive, and social skills -
giving them a sound platform for their
future, and instilling in them an "I can
do it!" attitude.

LOCATION: Great World: 6235 4070 | Jurong East: 6465 9205 | Punggol: 6787 1178 | Tampines: 6789 7061