

Great World
6235 4070
WhatsApp:
8339 8782

Nurturing essential mental, physical, emotional, and social development skills in children

1st mile development is our expertise

Website: www.mygym.com.sg | Facebook: www.facebook.com/ilovemygym | Instagram: [@mygymsingapore](https://www.instagram.com/mygymsingapore)



bright & early

	MON	TUES	WED	THU	FRI	SAT	SUN	
PARENT ASSISTED DEVELOPMENTAL PROGRAM								
YOUNG WADDLERS 7 mths – 13 mths			9.30 - 10.30am	2.30 - 3.30pm		3.15 - 4.15pm	11.30 - 12.30pm	<p>Start them off bright & early A space where every child can explore their full potential at a young age, and have a ton of fun doing it!</p> <p>The right place at the right time Originating from Los Angeles, USA, our award-winning programs, extensively trained staff, excellent student/teacher ratio, and state-of-the-art facilities have earned My Gym the reputation as the best early learning program of its kind.</p> <p>Our programs and activities are designed to stimulate your kid's mind and body, and aid in building their physical, cognitive, and social skills - giving them a sound platform for their future, and instilling in them an "I can do it!" attitude.</p>
WADDLERS 12 mths – 18 mths	9.30 - 10.30am	11.15 - 12.15pm	4.00 - 5.00pm	9.30 - 10.30am	9.30 - 10.30am 2.30 - 3.30pm	9.00 - 10.00am	3.15 - 4.15pm 5:30 - 6:30pm	
GYMSTERS 19 mths – 3 yrs	11.15 - 12.15pm	9.30 - 10.30am	2.30 - 3.30pm	4.00 - 5.00pm 5.30 - 6.30pm	4.00 - 5.00pm	10.15 - 11.15am 11.30 - 12.30pm 5:30 - 6:30pm	10.15 - 11.15am 4.30 - 5.30pm	
INDEPENDENT DEVELOPMENTAL PROGRAM								
YOUNG TOTS / TERRIFIC TOTS 2.5 yrs – 4 yrs			5.30 - 6.30pm			2.00 - 3.00pm	9.00 - 10.00am	
MITES / WHIZ 4 yrs – 8 yrs					5.30 - 6.30pm	4.30 - 5.30pm	2.00 - 3.00pm	
FOR MEMBERS ONLY: Adult Assisted Gym Time								
PRACTICE & PLAY All ages			1.30 - 2.15pm	1.30 - 2.15pm	6.30 - 7.15pm			
PRESCHOOL_PREP PROGRAM								
PLAYGROUP 19 mths – 3.5 yrs	9.00 - 12.00pm	9.00 - 12.00pm	9.00 - 12.00pm	9.00 - 12.00pm	9.00 - 12.00pm			
CREATIVE BUDDIES 3 yrs – 4.5 yrs								
MY GYM PARTIES								
For Kids aged 1 mth - 12 yrs						7:00 - 8:00pm		

LOCATION: Great World: 6235 4070 | Jurong East: 6465 9205 | Punggol: 6787 1178 | Tampines: 6789 7061