

TAMPINES
WhatsApp HQ
81750787



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LOCATIONS: • Great World 6235 4070
 • Jurong 6465 9205 • Punggol 6787 1178
 • Tampines 6789 7061

PARENT ASSISTED DEVELOPMENTAL PROGRAM SCHEDULE

TUMMY TIME FUN 5 mths – 8 mths	MON	11.15am – 12.00pm
	WEDS	11.15am – 12.00pm
	THURS	2.30pm – 3.15pm

PARENT ASSISTED DEVELOPMENTAL PROGRAM SCHEDULE

YOUNG WADDLERS 7 mths – 11 mths	TUES	9.00 – 10.00am
	SAT	2.00 - 3.00pm
	SUN	2.30 – 3.30pm
WADDLERS 12 mths – 18 mths	WED	2.30 – 3.30pm
	THURS	4.30 – 5.30pm
	SAT	9.15 - 10.15am • 4.30 – 5.30pm
	SUN	9.00 - 10.00am • 10.00 – 11.00am
GYMSTERS 19 mths – 3 yrs	WED	3.45 – 4.45pm
	THURS	9.00 – 10.00am
	SAT	10.30 – 11.30am • 5.30 - 6.30pm
	SUN	11.15 – 12.15pm • 12.15 - 1.15pm • 4.45 – 5.45pm

INDEPENDENT DEVELOPMENTAL PROGRAM SCHEDULE

TERRIFIC TOTS 3 yrs – 4 yrs	WED	5.00 – 6.00pm
	SAT	12.00 – 1.00pm • 3.15 – 4.15pm
MIGHTY MITES/ WHIZ 5 yrs – 8 yrs	SUN	3.30 – 4.30pm

FOR MEMBERS ONLY (ADULT ASSISTED GYM TIME SCHEDULE)

OPEN GYM All ages	MON	2.30 – 3.15pm
	THURS	3.30 – 4.15pm
	SAT	1.00 - 1.45pm

PLAYGROUP PROGRAM

PLAYGROUP 19 mths – 3.5 yrs	MON, WED	9.30am - 12.30pm • 2.30 - 5.30pm*
	TUES, THURS, FRI	9.30am - 12.30pm

MY GYM PARTIES SCHEDULE

MY GYM PARTY 1 mth - 12 yrs	SAT	6.00 – 7.00pm
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